



1120 Cedar Street, Missoula, MT 59802

## New Client Application Form

### Client Information:

Legal Name: [Click here to enter text.](#) Date of Birth: [Click here to enter text.](#)

Preferred Name: \_\_\_\_\_ Preferred Pronouns: \_\_\_\_\_ Sex: [Choose an item.](#) Gender: \_\_\_\_\_

Referred By: [Click here to enter text.](#) \_\_\_\_\_

### Client Contact Information:

Address: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Preferred Method of Communication:  Cell Phone  Home Phone  Work Phone  Email

### Please tell us why you are visiting us today:

\_\_\_\_\_

### Demographics:

Ethnicity:  Hispanic or Latino  Not Hispanic or Latino  Decline to answer

Race:  White  Asian  Black or African American  
 Native Hawaiian or Other Pacific Islander  Decline to answer  Other: \_\_\_\_\_

American Indian or Alaskan Native [Tribal Affiliation? Y/N If YES, which Tribe? \_\_\_\_\_]

Preferred Language:  English  Spanish  Other: \_\_\_\_\_

Client Next of Kin: \_\_\_\_\_ Relation: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

Client's Mother's Maiden Name: \_\_\_\_\_

### Payment Information:

Primary Insurance: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_

Other Insurance: \_\_\_\_\_

Self Pay: \_\_\_\_\_

### Payee:

Do you have someone else who pays your bills for you, such as a payee?  Yes  No

If so, what is their name and address? \_\_\_\_\_

\_\_\_\_\_

Member Name: [Click here to enter text.](#) Date: [Click here to enter a date.](#)

**Guarantor/Guardian/Responsible Party for Payment:**

Self      Spouse      Child      Other

Guarantor Name: \_\_\_\_\_  
(Leave blank if guarantor is self)

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_ Sex: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

**Social History**

Living situation: Renting      Owning      Staying with someone      Homeless      Other

Who do you live with \_\_\_\_\_

Occupation: \_\_\_\_\_

Highest level of Education: \_\_\_\_\_

Military Service: YES/NO If YES, List: \_\_\_\_\_

Source of Monetary Support: \_\_\_\_\_

Any Cultural Issues/Considerations for Your Treatment? \_\_\_\_\_

Any Spiritual Issues/Considerations for Your Treatment? \_\_\_\_\_

**Health Care History:**

Do you currently have a Case Manager? YES/NO If YES, whom? \_\_\_\_\_

Case Manager contact info: \_\_\_\_\_

Primary Care Provider Name: \_\_\_\_\_ Phone: \_\_\_\_\_

\*Last date seen: \_\_\_\_\_

Eye Doctor's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

\*Last date seen: \_\_\_\_\_

Dentist Name: \_\_\_\_\_ Phone: \_\_\_\_\_

\*Last date seen: \_\_\_\_\_

Pharmacy Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Allergies**

Medication Allergies: \_\_\_\_\_

Food Allergies: \_\_\_\_\_

Environmental Allergies: \_\_\_\_\_

## Past Medical History

(Check all that apply)

### General

- Fever
- Chills
- Night sweats
- Fatigue
- Weakness
- Just don't feel well
- Weight loss
- Sleep problems

### Eyes

- Blurring of your vision
- Double vision
- Discharge of the eyes
- Vision loss or change
- Eye pain
- Eyes are sensitive to light

### Ears, nose & throat

- Ear ache
- Ear discharge
- Tinnitus/ ringing in ears
- Decreased hearing
- Nasal congestion
- Hoarseness

### Cardiovascular

- Chest pains
- Palpitations/ skipped beats
- Syncope/ fainting
- Difficult breathing on exertion
- Difficult breathing laying down
- Swelling in legs or ankles

### Dermatology

- Rash
- Itching
- Dryness
- Suspicious skin lesions

### Gastroenterology

- Nausea
- Vomiting
- Diarrhea
- Constipation
- Change in bowel habits
- Abdominal pain
- Black, soft tar-like stools
- Bloody stools
- Gas/ bloating
- Indigestion/ heartburn
- Difficulty swallowing
- Decreased appetite

### Genitourinary

- Vaginal discharge
- Leaking urine/ incontinent
- Painful urination
- Blood in urine
- Frequent urination
- Missed periods
- Heavy periods
- Unusual vaginal bleeding
- Pelvic pain
- Genital sores
- Decreased libido

### Musculoskeletal

- Back pain
- Joint pain
- Joint swelling
- Muscle cramps
- Muscle weakness
- Stiffness
- Arthritis
- Sciatica/ pain down the legs
- Restless legs
- Leg pain at night

### Neurology

- Paralysis
- Unusual sensations
- Seizures
- Tremors
- Vertigo/ dizziness
- Temporary blindness
- Frequent falls
- Frequent headaches
- Difficulty walking

### Endocrinology

- Constantly cold
- Constantly hot
- Constantly thirsty
- Constantly hungry
- Weight gain

### Respiratory

- Cough
- Difficult breathing at rest
- Excessive sputum/ phlegm
- Wheezing
- Runny nose or post nasal drip

### Hematology

- Unusual bruising
- Unusual bleeding
- Enlarged lymph nodes

### Immune

- Hives
- Food sensitivity
- Frequent colds (respiratory illness)
- Environmental allergies (pollen, etc.)
- History of the flu
- History of mono
- Other infectious disease

## Past Surgical History

Please list all surgical procedures and radiology procedures you've had and what year they were performed: \_\_\_\_\_

Do you currently exercise? YES/ NO How often? \_\_\_\_\_

What type of exercise do you do? (I.e. cardio, weight training, etc) \_\_\_\_\_

Do you use a seatbelt? YES /NO

Please supply dates for all of the following that you've had done:

Colonoscopy: \_\_\_\_\_ Mammogram: \_\_\_\_\_ PapSmear: \_\_\_\_\_ Prostate Exam: \_\_\_\_\_

Please list any other Doctors that you currently see: \_\_\_\_\_

## Family Medical History

### Father:

Alive: YES/NO Current Age: \_\_\_\_\_ Age at Death: \_\_\_\_\_ Cause of death: \_\_\_\_\_

My father's general health is: Excellent Good Fair Poor

Health issues: \_\_\_\_\_

### Mother:

Alive: YES/NO Current Age: \_\_\_\_\_ Age at Death: \_\_\_\_\_ Cause of death: \_\_\_\_\_

My mother's general health is: Excellent Good Fair Poor

Health issues: \_\_\_\_\_

### Siblings:

Number of brothers: \_\_\_\_\_ Number of sisters: \_\_\_\_\_ Age range: \_\_\_\_\_

Health problems: \_\_\_\_\_

### Family History of Diseases

Have you or your blood relatives had any of the following (include grandparents, aunts and uncles, but exclude cousins, relatives by marriage and half-relatives)?

- Heart attacks under age 50
- Strokes under age 50
- High blood pressure
- Elevated cholesterol
- Diabetes
- Asthma or hay fever
- Congenital heart disease (existing at birth but not hereditary)
- Heart operations
- Glaucoma
- Obesity (20 or more pounds overweight)
- Leukemia or cancer under age 60

Comments: \_\_\_\_\_

## Mental Health History

Have you previously ever been treated for mental health issues? YES/NO

When: \_\_\_\_\_ by whom: \_\_\_\_\_

Diagnoses: \_\_\_\_\_

Provider for these Diagnoses: \_\_\_\_\_

Any Past Hospitalizations for Mental Health? Yes/No

When: \_\_\_\_\_

Family History of Mental Illness and Substance Abuse: \_\_\_\_\_

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## Adult Psychiatric History

**Since the age of 18 have you experienced any of the following?**

**Please check all that Apply**

**Mood Problems:**

- Depression
- Bipolar Disorder/  
Manic Depression
- Mania
- Sleep Problems
- Lack of Motivation
- Self-Harm, Cutting,  
or Burning
- Suicidal thoughts or  
Suicide Attempts
- Personality Disorder:  
\_\_\_\_\_

**Anxiety Problems:**

- Posttraumatic Stress  
Disorder (PTSD)
- Flashbacks
- General Anxiety
- Panic Attacks
- Social Anxiety or  
Social Phobia
- Obsessive  
Compulsive Disorder
- Bulimia, Binge  
Eating, or Anorexia
- Personality Disorder:  
\_\_\_\_\_

**Psychosis Problems:**

- Schizophrenia
- Schizoaffective
- Paranoia
- Delusions
- Visual Hallucinations
- Auditory  
Hallucinations
- Catatonic
- Personality Disorder:  
\_\_\_\_\_

**Comments:** \_\_\_\_\_

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**Childhood Psychiatric History**  
**Before age 18, did you experience any of the following?**  
**Please check all that Apply**

- |  |   |  |
|--|---|--|
| <input type="radio"/> ADD/ADHD             | <input type="radio"/> Frequent irritability | <input type="radio"/> Repeating Nightmares |
| <input type="radio"/> Oppositional Defiant | <input type="radio"/> Separation Anxiety    | <input type="radio"/> Night Terrors        |
| <input type="radio"/> Conduct Disorder     | <input type="radio"/> Attachment issues     | <input type="radio"/> Bed-wetting          |
| <input type="radio"/> Learning Disorder    | <input type="radio"/> Sleep Walking         | <input type="radio"/> Migraines            |
| <input type="radio"/> Anxiety              | <input type="radio"/> Sleep Talking         |  |
| <input type="radio"/> Depression           |   |  |

**Comments:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Substance Use History**

Substance Use	Current Use	Last Use	Period of Highest Use	Age of First Use	History of Abuse?	Treatment Received?
Alcohol	____dr/d				Y N	Y N If yes, age:
Caffeine	Y N				Y N	Y N If yes, age:
Nicotine	Y N				Y N	Y N If yes, age:
MJ	Y N				Y N	Y N If yes, age:
Amphetamine	Y N				Y N	Y N If yes, age:
Cocaine	Y N				Y N	Y N If yes, age:
PCP	Y N				Y N	Y N If yes, age:
LSD	Y N				Y N	Y N If yes, age:
Opiates	Y N				Y N	Y N If yes, age:
Other	Y N				Y N	Y N If yes, age:

**Anything else we need to know about your substance use?**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## Psychiatric Medications

Generic Name	Brand Name	Dose	Result
<b>ANTIDEPRESSANT'S</b>			
<b>TCA/Tetracyclic</b>			
Amitriptyline	Elavil, Endep	_____	_____
Imipramine	Tofranil	_____	_____
Desipramine	Norpramin	_____	_____
Trimipramine	Surmontil	_____	_____
Clomipramine	Anafranil	_____	_____
Maprotilene	Ludiomil	_____	_____
Doxepin	Sinequan	_____	_____
Nomifensine	Merital	_____	_____
Nortriptyline	Pamelor, Aventyl	_____	_____
Protriptyline	Vivactil	_____	_____
<b>SSRI</b>			
Fluoxetine	Prozac	_____	_____
Citalopram	Celexa	_____	_____
Fluvoxamine	Luvox	_____	_____
Paroxetine	Paxil	_____	_____
Paroxetine CR	Paxil CR	_____	_____
Sertraline	Zoloft	_____	_____
Escitalopram	Lexapro	_____	_____
<b>SNRI</b>			
Venlafaxine	Effexor	_____	_____
Duloxetine	Cymbalta	_____	_____
Desvenlafaxine	Pristiq	_____	_____
<b>Other Antidepressants</b>			
Bupropion	Wellbutrin	_____	_____
Mirtazapine	Remeron	_____	_____
Nefazodone	Serzone	_____	_____
Trazodone	Desyrel	_____	_____
Amozapine	Asendin	_____	_____
Trintellix	Vortioxetine	_____	_____
Rexulti	Brexipiprazole	_____	_____
<b>MAOI</b>			
Phenelzine	Nardil	_____	_____
Selegiline	Elsepryl	_____	_____
Selegiline(transdermal patch)	Emsam	_____	_____
Tranylcypromine	Parnate	_____	_____
Isocarboxazid	Marplan	_____	_____
<b>Anti-anxiety Meds.</b>			
Alprazolam	Xanax	_____	_____
Buspirone	Buspar	_____	_____
Chlordiazepoxide	Librax, Librium	_____	_____
Clonazepam	Klonopin	_____	_____
Clorazepate	Azene, Tranxene	_____	_____
Diazepam	Valium	_____	_____
Gabapentin	Neurontin	_____	_____
Halazepam	Paxipam	_____	_____
Lorazepam	Ativan	_____	_____
Oxazepam	Serax	_____	_____
Prazepam	Centrax	_____	_____
Pregablin	Lyrica	_____	_____

Member Name: [Click here to enter text.](#)

Date: [Click here to enter a date.](#)

Generic Name	Brand Name	Dose	Result
<b>Antipsychotic Medications</b>			
Aripiprazole	Abilify	_____	_____
Chlorpromazine	Thorazine	_____	_____
Chlorprothixene	Taractan	_____	_____
Clozapine	Clozaril	_____	_____
Fluphenazine	Prolixin	_____	_____
Haloperidol	Haldol	_____	_____
Loxapine	Loxitane	_____	_____
Mesoridazine	Serentil	_____	_____
Molindone	Lidone, Moban	_____	_____
Olanzapine	Zyprexa	_____	_____
Perphenazine	Trilafon	_____	_____
Pimozide	Orap	_____	_____
Quetiapine	Seroquel	_____	_____
Risperidone	Risperdal	_____	_____
Thioridazine	Mellaril	_____	_____
Thiothixene	Navane	_____	_____
Trifluoperazine	Stelazine	_____	_____
Trifluopromazine	Vesprin	_____	_____
Ziprasidone	Geodon	_____	_____
Lurasidone	Latuda	_____	_____
<b>Antimanic Medications</b>			
Carbamazepine	Tegretol	_____	_____
Valproic Acid	Depakote	_____	_____
Gabapentin	Neurontin	_____	_____
Lamotrigine	Lamictal	_____	_____
Lithium Carbonate	Eskalith, Lithane, Lithobid	_____	_____
Lithium Citrate	Cibalith-S	_____	_____
Topimaratate	Topamax	_____	_____
<b>Sleep Medications</b>			
Eszopiclone	Lunesta	_____	_____
Ramelteon	Rozerem	_____	_____
Zaleplon	Sonata	_____	_____
Zolpidem	Ambien	_____	_____
Zolpidem (sub. Tablet)	Edluar	_____	_____
Zolpidem (oral spray)	Zolpimist	_____	_____
Melatonin		_____	_____

Other Prescriptions and Doses:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Vitamins/Minerals/Supplements:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# The Wellness Institute of Montana



## Authorization for Request/Disclosure of Individually Identifiable Health Information Winds of Change and Aleph P.C.

1120 Cedar St  
Missoula, MT 59802

**Phone:** (406)541-4673  
**Fax:** (406)327-0042

Effective as of: \_\_\_\_\_

Client Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ SSN: \_\_\_\_\_

This authorization grants permission to the designated party(ies) named below to all of the following:

- Most Recent Intake/Discharge Summary
- Psychological/Psychiatric Evaluation
- Treatment Plan
- Progress Notes
- Medication Summary
- Social History
- Make/Confirm/Cancel appointments
- Access to my financial health information
- Other (Specify): \_\_\_\_\_
- Information relating to a Specific Event or Time Frame: \_\_\_\_\_

I hereby authorize Aleph p.c. to use and disclose my individually identifiable health information as described above. The following are the list of people I have designated to receive my individually identifiable health information. I understand that this authorization is voluntary. I understand that once this information is disclosed to the designated party(ies) named below, the release of information may no longer be protected by federal privacy regulations but it is my right to revoke this authorization at any time. Notification to revoke must be made in writing. I understand that this authorization will be effective for one (1) year. Expires \_\_\_\_\_

NAME	RELATIONSHIP	TELEPHONE

I authorize messages to be left on my personal answering machine regarding my individually identifiable health information.  Yes  No

Printed Name of Client: \_\_\_\_\_

Signature of Client: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Authorized Witness: \_\_\_\_\_ Date: \_\_\_\_\_

\*\*Per Policy, Clinical Progress Notes will not be released unless under subpoena signed by a judge.

Revocation Section	
I no longer want my information shared :	
Signature: _____	Date: _____